

Essential Lab Supplies and PPE Checklist

Return to work confidently with the lab supplies and PPE you need to help you stay safe and productive. Whether you're just getting started again or continuing to pursue highly relevant research, we look forward to serving you.



Life Sciences gPCR and Real-Time PCR **Analysis** □ Cell counter ☐ dNTPs Cell signalling and analysis kits ☐ qPCR plates and tubes Molecular Biology (apoptosis, kinase phosphatase) ☐ qPCR polymerase Reagents and Kits Microplate reader (luminescent, Reverse transcriptase □ DNA reagents fluorescent) Sealing film ☐ Nucleic acid labelling and detection ☐ Microscope (inverted, fluorescent) ☐ RNA reagents Microscope slides **Real-Time Thermal Cycler** Primary and secondary antibodies ☐ 24 well **PCR** Spectrophotometer ☐ 96 well □ Primers and oligos Stains/dyes 384 well □ Automated **Polymerases Protein Electrophoresis** ☐ Multiblock □ Direct PCR □ Acrylamide ☐ High fidelity □ Concentrators **Cell Culture and Analysis** ☐ Hot start Coomassie stain ☐ Long PCR Dialysis tubing and cartridges Collection ☐ Standard Tag □ Antibiotics Extraction kits Power supply □ Biological safety cabinet **Thermal Cycler** ☐ Cell culture media Precast gels ☐ 24 well Protein ladders ☐ Cell culture serum ☐ 96 well Running buffer (or components) ☐ Heat-inactivated FBS ☐ 384 well Sample buffers □ Specialty FBS ☐ Automated Silver stain ☐ Standard FBS ☐ Multiblock TEMED ☐ Cell culture water □ UV-Vis unit **Electrophoresis** ☐ Cell scrapers and lifters □ Vertical gel system □ Agarose ☐ Classical media □ DNA ladders CO2 incubator Microbiology ☐ Horizontal gel system Conical tubes □ Antibiotics □ Loading buffer □ Cryogenic vials Competent cells Cryostorage system П Petri dishes **PCR Plastics** Dissociation reagents □ Shaker flasks □ 96-well plates \Box Extracellular matrices ☐ 384-well plates Western Blotting ☐ Incubated shaker ☐ Barcoded or custom plates Automated staining/antibody unit □ Laminar flow hood □ Individual tubes Benchtop shaker ☐ Roller bottles ☐ PCR tube strips Blocking solution ☐ Serological pipettes ☐ Strip tubes \Box Chemiluminescent solution Specialty media (stem cell, ☐ Thin-wall PCR tubes neurobiology, etc.) Film □ Spinner flasks Forceps Other Supplements Imager Automated purification instrument Tissue culture flasks and plates Methanol □ DNA and RNA purification kits □ Trypsin Primary and secondary antibodies ☐ dNTPs Staining boxes □ Dye cleanup kit **Preparation** Transfer buffer (or components) ☐ Handheld magnetic separation ☐ Biological safety cabinet device Transfer membrane ☐ Cell stains (live and dead) ☐ Master mixes П Transfer unit Laminar flow hood ☐ PCR cleanup kit ☐ Microplate washer **Electrophoresis Reagents** ☐ PCR hood Multi-well assay plates Electrophoresis gels ☐ Reverse transcriptase (RT) kits Permeable microplate support Electrophoresis markers inserts

□ Pipettes and tips

☐ Trypan blue

☐ Tissue culture flasks

Gel stains and dyes

□ Loading buffers (nucleic acid EPP)

Enzymes

☐ Modifying enzymes

☐ Restriction enzymes

☐ Restriction enzyme buffers

| Analytical standards Bases Buffers Buffers Belectrodes Belectrodes Bases Buffers Belectrodes Belectrodes Buffers Belectrodes Belec | Chemicals | Analytical Chemistry | Electrochemistry |
|--|---|--|---|
| □ Drying agent □ Drying agent □ Dryanic and inorganic salts □ PH testing reagents □ Standard volumetric □ Capanic Synthesis □ Standard volumetric □ Drying reagents □ Life Science buffers □ Drying reagents □ Drying Drying Precious metal catalysts and preciatalysts □ Drying Dryin | Anhydrous Solvents ☐ Alkyllithium reagents ☐ Anhydrous solvents ☐ NMR solvents | □ Bases □ Buffers □ Elemental analysis reagents □ Karl Fischer titration reagents & standards | ☐ Buffers☐ Electrodes☐ Meters☐ Solutions |
| General purpose buffers | ☐ Drying agent | □ pH testing reagents | |
| General purpose buffers | Buffers | | Equipment |
| Saline based buffers Drying reagents Biosafety cabinets Concentrated buffers Organometallics Furniture Oxidation reagents Glassware | ☐ Life Science buffers | ☐ Building blocks | |
| Chemicals for Chromatography Analytical standards Certified ACS solvents Derivatization agents Hough agents Hough and stirrers Coatalysts Incubators Microscopes Histology Reagents Dyes Paraffin Stains Precious metal catalysts and precatalysts Incubators Incubators Microscopes Mi | ☐ Saline based buffers ☐ Concentrated buffers | □ Drying reagents□ Grignard reagents□ Organometallics | □ Biosafety cabinets□ Centrifuges□ Furniture |
| □ Analytical standards □ Microscopes □ Certified ACS solvents □ OHS stirrer □ Derivatization agents □ Ovens □ Flush solutions □ Pumps (vacuum and peristaltic) □ GC solvents □ Rockers, mixers, and shakers □ HPLC solvents □ ULT Refrigerators and freezers □ LC/MS solvents □ Vortex mixer □ Solvent blends and additives □ Washers □ UHPLC/MS solvents □ Water purification systems Histology Reagents □ Dyes □ Calibration services □ Instrument monitoring □ Stains | | catalysts | ☐ Hotplates and stirrers |
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| □ Dyes □ Calibration services □ Paraffin □ Instrument monitoring □ Stains | | | |
| □ Paraffin □ Instrument monitoring □ Stains | | | Maintenance |
| □ Stains | | | |
| | | | ☐ Instrument monitoring |
| l Xviene | ☐ Stains ☐ Xylene | | |

Safety Personal P

Personal Protective Equipment

| Apparel | | |
|-------------------------|----------------------------------|--|
| | Chemical-resistant sleeve covers | |
| | CR/FR aprons | |
| | Gloves | |
| | Lab coats | |
| _ | | |
| Eye and Face Protection | | |
| | Disposable face shields | |
| | Goggles dispenser | |
| | OTG goggles | |
| | Reusable face shields | |
| | Safety glasses | |
| | | |

Respiratory Protection

☐ Protective disposable face masks

□ Disposable respirator

☐ Half-face respirator

Social Distancing Aids

- ☐ "Caution: Face Mask Required" sign
- ☐ "Caution: Gloves Required" sign
- "Please Keep About 6 Feet (2 m)
 Distance" floor marking tape
- ☐ "Prevent the Spread of Coronavirus (COVID-19)" sign
- □ "Social Distancing Maintain About 6 Feet (2 m) Distance" sign
- ☐ "Thank You for Practicing Social Distancing" floor sign
- ☐ "Thank You for Practicing Social Distancing" sign
- ☐ "Warning Coronavirus COVID-19 Quarantine Area Keep Out" sign
- "Warning Quarantine Area Keep Out" sign
- ☐ Mobile partition shield panels
- ☐ Shared desk divider mobile partition shield panels
- □ Warning chains
- □ Warning systems

Hand Sanitation

- ☐ Biohazard waste can
- ☐ Floor stand with dispenser
- ☐ FM-approved biohazard waste container replacement bags
- ☐ Hand sanitiser
- ☐ Touch-free hand sanitiser dispenser
- ☐ "Please Use Hand Sanitiser Before Entering" COVID-19 sign
- ☐ "Please Wash Hands for 20 Seconds" COVID-19 sign

Disinfection Products

- □ Cut-end cotton mops
- □ Foam blade squeegee
- ☐ High-performance mopping systems
- ☐ Looped-end mop
- ☐ Professional surface disinfectant
- □ Wet-mop handles

Temperature Checks

- □ Infrared forehead thermometer
- □ Temperature monitoring kiosk

Other Safety Products

- ☐ Anti-fatigue and slip matting
- □ Eyewash station
- ☐ First aid/burn kit
- Flammable storage cabinets and chemical storage
- □ Label maker
- ☐ Sharps and glassware disposal
- □ Spill control
- □ Training
- □ Trolleys

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